



How well do you understand your network? Are you cultivating what you need?

Inspired by Dunbar's Number and getting intentional about our relationships, use the following pages to understand who you know and how well you are connecting with them.

Then, consider what the lists reveal to you - and what you should do about it.

Inner Circle

- 1.
- 2.
- 3.
- 4.
- 5.

Close Friends

- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.

Friends

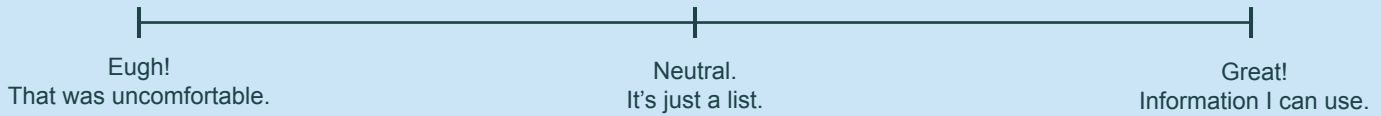
- 16.
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- 50.

Active Relationships

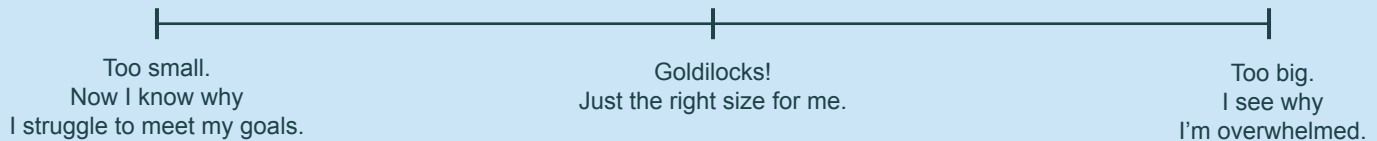
51.	76.	101.	126.
52.	77.	102.	127.
53.	78.	103.	128.
54.	79.	104.	129.
55.	80.	105.	130.
56.	81.	106.	131.
57.	82.	107.	132.
58.	83.	108.	133.
59.	84.	109.	134.
60.	85.	110.	135.
61.	86.	111.	136.
62.	87.	112.	137.
63.	88.	113.	138.
64.	89.	114.	139.
65.	90.	115.	140.
66.	91.	116.	141.
67.	92.	117.	142.
68.	93.	118.	143.
69.	94.	119.	144.
70.	95.	120.	145.
71.	96.	121.	146.
72.	97.	122.	147.
73.	98.	123.	148.
74.	99.	124.	
75.	100.	125.	

Reflect

How did it feel to list your relationships?



My network feels:



Decide

To strengthen my individual relationships, I need to: _____

To strengthen my overall network, I need to: _____

Move To Action

Every journey begins with one step. My first step is: _____

Due by: _____

Completed? Well done!
Now commit to your next step.

Overwhelmed? Help is on the way!
Connect with Joanna.



Who we are

Joanna launched Resolute Consulting LLC to combine her first career in teaching and training with her second in marketing and business development. She has always enjoyed bringing order and focus to the business world around her, providing the opportunity and skills for people to leverage their strengths and expertise.

We design our engagements depending on how much support you need and tailor the scope of service to meet your timeline and budget. We help you prioritize what to do, figure out how to do it, and then get it done together.

Whether you're an overwhelmed sole practitioner, an ambitious employee, or an over-stretched corporate leader, we can help you to stay accountable to yourself and others – ensuring your resources are not wasted.

Learn more about us at www.ResoluteConsulting.co

Learn more about Joanna on [LinkedIn](#)

Contact us with questions at Joanna@ResoluteConsulting.co

[Book an exploratory meeting](#) with Joanna